



# HOW YOU CAN HELP



Every year the RSPCA spends millions of pounds rescuing and rehoming animals. You can help us carry on our important work. Here are some ideas to get you started...

- Make cakes or biscuits and sell them to friends and family.
- Set up a secondhand book and bric-a-brac stall at guides/brownies/scouts etc.
- Collect pictures of your friends' pets and charge them to guess whose pet belongs to who.
- Give up your favourite treats for a week and send us the money instead.
- Grow plants and vegetables and sell them to family and friends.
- Hold a quiz and charge people to enter.
- Start a collection of loose change – it soon adds up!
- Go to a car boot sale and get rid of some unwanted stuff.

## Sponsored stuff

You can just about make up and do a sponsored anything! What about a sponsored:

- skate-a-thon
- knit
- silence
- swim
- dog walk
- hula-a-hoop.

The list is endless! So decide what you're going to do, download a sponsorship form from our website, and set a date to do it. **Easy!**

Help us to help the animals



## And you don't have to just raise money – here are other ways to help:

- Have a good clear-out and donate any unwanted clothes or bric-a-brac to your local RSPCA charity shop.
- Buy products (e.g. make-up and deodorant) that haven't been tested on animals.
- Try and persuade the adults in your family to buy animal welfare-friendly products, like food that carries the RSPCA Freedom Food logo.

## And remember as an under 16 there are some things you can't do:

- Collect money door-to-door or in the street with a box.
- Run a fundraising event alone – there must be a responsible adult (aged over 18) present.
- Have alcohol on tombola stalls, even if it has been donated by adults.
- Buy or sell raffle tickets.
- Volunteer in an animal centre.

Once you've collected the money, ask an adult to help you fill in the paying-in form on our website.

As long as you've chosen a safe and legal fundraising activity and your parents/guardians are happy about what you've chosen to do – and an adult supervises the event – there's no reason why anyone under 16 can't fundraise in aid of the RSPCA.

THANK YOU FOR ALL YOUR HARD WORK HELPING THE RSPCA.

[WWW.RSPCA.ORG.UK/ANIMALACTION](http://WWW.RSPCA.ORG.UK/ANIMALACTION)